

ARMED FORCES TRIATHLON (Men and Women):

1. RULES OF THE TOURNAMENT: Current USA Triathlon rules of play
2. COURSE: Olympic Distance; 1500M swim, 40K bike; and 10K Run
3. WEIGHT CLASSES: Not applicable
4. SCORING: Winning team is decided by adding the raw times of the top 8 men and top 4 women. Team points and awards are only awarded to official service team members.
5. TYPE OF BALL: Not applicable
6. DRAW: Not applicable
7. SCHEDULED WEIGH-INS AND PHYSICAL EXAMINATIONS: Not applicable
8. TIE BREAKER: Not applicable (16 December 02)
9. UNIFORMS: Advertising is not allowed on service competition uniforms.
10. SCHEDULE OF EVENTS:

Day One	Wed		Teams Arrive
Day Two	Thu	1000 1600 1800	Course Review Organizational Meeting Ice Breaker
Day Three	Fri	0900 0930	Participant Packet Pick-up and number issue Practice Opening Ceremony Team and individual photos
Day Four	Sat	0700 0800 1200	Opening Ceremony Competition commences Awards ceremony
Day Five	Sun		Teams Depart

11. TEAM STANDINGS: See #4

12. AWARDS:

- a. Individual Awards: First, second, and third place finishers for men and women receive medals.
- b. Team Award: Team standings for recognition only, no trophy is presented.
- c. Overall Winner: (any active duty participant) - men's and women's overall.

13. TEAM COMPOSITION FOR ARMED FORCES: Team competition will not exceed:

12 Men
6 Women
1 OIC
19 Total

The host project officer is authorized to open the Armed Forces Triathlon Championship to other military members and civilians (as course conditions allow), but only official team members are considered for higher-level competition. Host installation is only responsible for official Service teams' housing, transportation, and mess. Banquet/Ice Breaker is only open to official team members, host staff, service representatives and select VIPs.

14. TEAM COMPOSITION FOR CISM: As follows or as dictated by host country invitation

4 Men Competitors
4 Women Competitors
1 Certified Athletic Trainer
1 International Referee
1 Chief of Mission
1 Technical Committee Member
1 Team Captain
13 Total